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### **Speech Milestones**

A child's communication skills are critical to their ability to relate with others and their academic success. The development of speech is undoubtedly one of the more remarkable achievements of early childhood. By the age of five, a typically developing child has mastered the sounds and grammar of their language and have a vocabulary of thousands of words.

#### SPEECH MILESTONES

#### **BIRTH—ONE YEAR**

- Turns head toward sounds 2 mos
- Coos and gurgles 2 -3 mos
- Cries in different ways to communicate hunger, pain, fatigue....) 4 mos
- Responds to name 6 mos
- Responds to sounds by making sounds—6mos
- Begins to babble using consonants—6 mos
- Responds to no − 9 mos
- Uses index finger to point —9 mos
- Uses gestures like shaking head no —12 mos
- Responds to simple spoken requests—12 mos
- First words emerge (mama, dada, uh-oh...) 12 mos



#### SPEECH MILESTONES

#### **ONE—TWO YEARS**

- Says several single words—18 mos
- Shakes head no—18 mos
- Points to show what they want—18 mos
- Points to objects in book as named—18 mos
- Repeats words heard in conversation—18 mos
- Follows 2 step instructions—24 mos
- Knows names of familiar people -24 mos
- Knows body parts—24mos
- Uses 2-4 word sentences—24 mos



#### SPEECH MILESTONES

#### **THREE YEARS**

- Follows 2-3 step instructions—3 years
- Able to name most familiar things—3 years
- Understands words like "in", "on", "under"—3 years
- Says first name, age, sex—3 years
- Names a friend—3 years
- Uses pronouns (I, me, you, we....)—3 years
- Uses plurals—3 years
- Talks well enough for most strangers to understand.—3 years
- Carries on conversation with 2-3 sentences—3 years

#### SPEECH MILESTONES

#### **FOUR—FIVE YEARS**

- Uses "he" and "she" correctly— 4 years
- Sings a song or recites a poem from memory— 4 years
- Tells stories— 4 years
- Says first and last name—4 years
- Speaks very clearly—5 years
- Tells story using complete sentences—5 years
- Uses future tense—5 years
- Says name and address—5 years



## Why Speech Therapy?

For children facing speech delays, early intervention can have a profound impact on their development and ultimately their interpersonal and academic success. Speech therapists help children develop the communication skills they need to interact with others and make their wants and needs known at home, school and in community settings. Treatment focuses on: language development, speech production, intelligibility and fluency, auditory perception, oral motor control and cognitive skills.

Are you concerned about your child's development? Call Joe's Kids today at 574-376-2316 for a free developmental screening.

